

SMOKE-FREE CAMPUS POLICY

1. OBJECTIVE

The aim of this policy is to create a healthy campus environment at Burdur Mehmet Akif Ersoy University (MAKÜ), ensuring the protection of students, staff, and visitors from the harmful effects of tobacco products. In this regard, the university aims to support the health of the entire community by restricting the use of tobacco and tobacco products on campus. This policy is created within the framework of the Republic of Türkiye's laws, particularly Law No. 4207 on "The Prevention and Control of the Harmful Effects of Tobacco Products."

2. SCOPE

This policy applies to all students, academic and administrative staff, contractors, visitors, and all individuals present on campus. The policy covers the use of tobacco products in all indoor and outdoor areas of the university, including student dormitories, social spaces, sports facilities, and parking lots.

3. DEFINITIONS

- Smoke-Free Areas:** All indoor and outdoor areas on the university campus where tobacco products are not used or consumed.
- Passive Exposure:** Refers to exposure to second-hand smoke (smoke exhaled by a smoker) and thirdhand smoke (harmful substances remaining on surfaces where smoking has occurred).
- Smoking:** The act of burning, inhaling, or carrying tobacco products, including cigarettes, cigars, pipes, electronic cigarettes, etc.
- Tobacco Product:** Any product made from the leaves of the tobacco plant or any part thereof, which can be consumed in various forms such as smoking, chewing, or snorting. Tobacco products contain nicotine, which is addictive, and can be used in various forms (e.g., cigarettes, electronic cigarettes, hookahs, etc.). According to Law No. 4207 in Turkey, tobacco products include any product that can be consumed through chewing, sucking, or snorting.
- University Property:** Includes all buildings, facilities, open areas, and parking lots owned or operated by MAKÜ.

4. PROHIBITED SMOKING AREAS

The use of all tobacco products, including traditional cigarettes, electronic cigarettes (electronic nicotine delivery systems), and other tobacco products, is prohibited in all indoor areas of the university, including classrooms, offices, and

all other enclosed buildings and facilities. Smoking is also prohibited in university vehicles, during indoor or outdoor sporting events, during university-sponsored or designated events, and in other open areas marked with "No Smoking" signs. This ban is applied based on the addictive nature of tobacco products and the risks of passive exposure. This policy is in accordance with Law No. 4207 and the Ministry of Health's General Circular 2016/6 (Article 3).

5. DESIGNATED SMOKING AREAS

In compliance with Law No. 4207, a limited number of designated smoking areas have been established on campus for tobacco use. These areas are designated to meet the needs of smokers while isolating them from other areas to prevent tobacco smoke from affecting other individuals. The university administration may designate specific areas in courtyards and verandas as smoking areas for staff and students.

6. AWARENESS AND EDUCATION

To raise awareness about the harms of tobacco use, the university will regularly conduct informational activities through the Addiction Combat Coordination Office. Seminars, training programs, and informative materials will be provided to students and staff to offer comprehensive information about tobacco control. In this context, information will also be shared about the harmful effects of thirdhand smoke, and efforts will be made to promote a healthy campus environment.

7. SANCTIONS

Individuals who do not comply with this policy will face administrative actions and disciplinary penalties in accordance with Law No. 4207. A warning will be issued for the first violation, and further sanctions will be applied if the violation is repeated.

8. RESPONSIBILITIES AND SUPPORT PROGRAMS

Students and staff who wish to quit using tobacco products will be referred to the Ministry of Health's Smoking Cessation Clinics by the Addiction Combat Coordination Office. Additionally, they can benefit from supportive counseling services offered within the university.

- a. University Administration: Responsible for ensuring the implementation of this policy and allocating resources for awareness and smoking cessation support programs.
- b. Faculty and Staff: Encourage the implementation of the policy within their areas of responsibility and provide support to students and colleagues.

- c. Students: Comply with the policy requirements and educate their peers about the importance of a smoke-free environment.

9. IMPLEMENTATION AND MONITORING

This policy will be reviewed annually and revised as needed to ensure its effectiveness and compliance with applicable laws.

10. ENFORCEMENT

This policy will come into effect on the date it is approved by the Senate of Burdur Mehmet Akif Ersoy University.